



United  
Methodist  
Women  
FAITH · HOPE · LOVE IN ACTION

# Covenant Connection

Published twice a year by Topeka District United Methodist Women

Volume 31 Issue 1

Spring Edition

February 2012

## Purpose

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

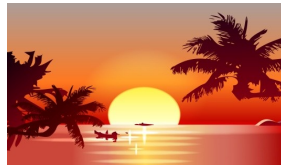
*The Topeka  
District  
United  
Methodist  
Women  
Officers  
ask God's  
Blessings for  
each of you in  
2012*

## "Haïti: Healing and Hope"

**Topeka District Spring Event  
Saturday, March 10, 2012  
8:30 am — 1:30 pm  
Horton United Methodist Church  
130 E 10th, Horton, KS**

\* Registration, breakfast snacks and book browsing, 8:30 — 9:20 am  
At 9:30 am we will begin worship, hold a short business meeting and Darlene Sutton will have the book give-away.

## HAÏTI *Healing and Hope*



Our keynote speaker, Sheryl Crooks, has a passion for the Haïtian people, and she's been to Haïti several times as a VIM member. She will be leading another Mission team to Haïti March 15th thru 22nd.

Listening to her stories of the Haïtian people and our United Methodist connection to them will make you happy that you made the effort to join us. Come help us send Sheryl, Jo Cross, our Topeka District Spiritual Growth coordinator and other team members off on their Mission Trip with our love and donations (see page 8 for the list of donations) for the Haïtian people. Following Sheryl's message and some very special music, we will be served a delicious lunch by the Horton UMW ladies. Rev. Caren Loper, pastor of the Horton UMC, will close our meeting with worship and communion.

It's going to be a fun and informative day! Don't miss it!

**Unit Registration form is on page 14.  
Due to Lorene Cranwell no later than Saturday, March 1st, 2012.**

## Women's Work

"It is for us to remember that those to whom we look in the past were in fact looking ahead."

Cheryl Hemmerle, former Women's Division Staff Member uses this intriguing quote in her foreword to the 2003 revised and expanded edition of "Conduct Becoming to a Woman" Bolted Doors and Burgeoning Missions. This gem of a resource, originally published



for Women's Division in 1973, strives to preserve the history of daring hope, willing determination and the resulting incredible accomplishments of those who have gone before us in the establishment of our beloved mission organization.

In spite of, or maybe because of, the struggles, roadblocks, and restraints, these mission-minded women found the inspiration to step over that, which would hold them back and the courage to forge ahead making a way to make a difference in their world and ours. Their faith and fortitude has charted a course; a Christ-like method of transforming and strengthening the lives of women, at home and abroad, not by means of dynamic leadership, although, it is there in their story. They accomplished their goals, for the most part, by simply working together to meet the needs of marginalized people - especially women, children, and youth with dignity, mercy, compassion, and grace.

Their story is now our story, our faith and determination helps continue this strong mission tradition, our creativity and enthusiasm helps forge new paths allowing us to reach ever farther into the places in need of healing and hope. As United Methodist Women, we can be proud of our rich heritage. Moreover, we must strive to understand how important our own stories are, how our efforts truly do continue to change women's lives. Because just as our foremother's stories inspire and motivate us, and their welcome and wisdom, encourage and guide us; our stories and sharing are what will light the way for those who follow us.

So tell your story, share the wisdom and power of women working together putting faith, hope and love into action. Invite and encourage your friends and your daughters to join you, for together through United Methodist Women, we do have the power to change our world.

Grace and Peace,

*Cindy L Nelson*  
President, Topeka District  
cinnelson@sbcglobal.net

## Haitian Proverbs....and their meanings...

Throughout this edition of the *Covenant Connection* you will find some Haitian Proverbs along with their meanings. Take some time to read them and then just for fun see if you can find a Bible verse that coincides with the proverb.

Here is the first one: **Bondye bon; Bondye pi fò.** (God is good; God is more powerful.)  
God is benevolent and more powerful than any other god. The second part of this proverb is an acknowledgment that there are other powerful deities in the world, but God, the creator of the universe, is the most powerful.

## S-T-R-E-T-C-H and GROW

Greetings, I am Kathy Smith, the new Topeka District Vice President. Shirley Postier did such an excellent job planning many innovative and interesting programs. I'm humbled to follow her wonderful example of service.

I have only been a United Methodist for a few years. The hook that got me involved was the emphasis on mission and social action. I have been so blessed by my involvement in UMW! I have learned so much and made so many precious friends. UMW encourages me to stretch and grow. It introduces me to people and issues that I would otherwise never have known about. Because of UMW, I have participated in seminars in New York City and Washington D.C. I was so impressed by the fact that the UMW buildings were right across from the U.N. in NYC and behind the Capital Building in D.C. The United Methodist Women and others who planned and paid for those buildings wanted to be in a place to make a real difference. The buildings open their doors to diverse people from around the world - movers and shakers trying to make this a better world. With UMW support, I have held leadership positions, demonstrated for the Palestinian people, meet with my Congressional Representative and Senators about immigration issues, spoke on immigration and helped with a retreat for Mom's and children at the Topeka Women's Prison, attended Assembly in St. Louis and sang and prayed with women from all over the world. I have meet people directly involved with peace and justice, and felt their pain, frustration, and hope. I have been inspired by women who are not afraid to take a stand and make a difference. I have read books about a young boy kidnapped and forced into warfare, women struggling for a voice in China, Queen Norr of



Jordon and others. I met a couple who survived the killing fields in Cambodia and have their book to read about how their faith got them through the horrible ordeal. I have become a better person because of UMW. The opportunities and resources through UMW are endless.

Plan to take advantage of the many opportunities UMW offers such as the Legislative Event February 14<sup>th</sup> at 1<sup>st</sup> UMC in Topeka and the Topeka District meeting March 10<sup>th</sup> at Horton UMC, say yes when asked to help in your Circle, Unit and beyond. Read a UMW book, plan a program using the UMW program book, use the Prayer Calendar, read Response magazine. You will be a better person and a blessing to women, children, and youth locally and around the world.

I encourage you to bring a car-full to Horton on March 10<sup>th</sup> to hear from Sheryl Crook who not only has read about Haiti, she has lead mission teams to Haiti and several other places in the world. Jo Cross, our Spiritual Growth Coordinator is going with Sheryl to Haiti March 14 – 22<sup>nd</sup>. Bring your donations, listed on page 8 of this newsletter, to the district meeting and let's send our love through these brave and unselfish ladies to Haiti.

If I can assist you in any way, please contact me at

[Kathleen.smithwsu@sbcglobal.net](mailto:Kathleen.smithwsu@sbcglobal.net),

785-478-9163, or  
2824 SW Romar Rd. Topeka, KS 66614.

*Kathy Smith*  
Topeka District Vice President

**Lanmò pa gen klaksòn.** (Death does not have warning bell.)

As human beings, we could die at anytime and without warning.

***Just a reminder.....  
Send your registration forms  
for the Spring Event to Lorene  
Cranwell by March 1st.***

## Secretary of Program Resources

Our Spring Event will be held on Saturday, March 10 at Horton UMC. I will be ordering books and resources for that event before long.

As some of you already know, the requirements for the reading program for 2012 have changed. Plan I now includes 5 books, one from each category (Leadership Development, Education for Mission, Nurturing for Community, Social Action, and Spiritual Growth). Several of the books can be checked out at Topeka Shawnee County Public Library. If you want a list email me or send me a letter and I will get that list out to you. There are also five (5) books that can be read for credit but are not available from Mission Resource Center. I challenge you all to READ five books this year.

Looking forward to seeing you all at Horton UMC. Happy reading!



*Darlene Sutton*  
Secretary of Program Resources  
785-224-5074  
santaken@aol.com

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## Committee on Nominations

You might think the Committee on Nominations would be hibernating through this part of the year. The scramble for officers for 2012 is behind us and it is far too early to organize for 2013! But, think again!!

**Committee Members and Chairmen:** This is a 'Golden' time to review the information in the UMW Handbook and in the "20 Questions" brochure. Update any files and folders you may have accumulated. Become aware of those officer positions that will need to be filled for next year. If your unit does not already have a listing of the duties of each office in your local unit, help compile one. Arrange it in calendar form. It will be very helpful as you contact potential officers.



**Warning:** Officers for 2013 need to be elected in August or September.

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**WANTED:** Topeka District UMW will be selecting several new officers for next year. We would appreciate knowing of those ladies who are being "called" for this important leadership opportunity. District Leadership Interest forms and/or Talent Banks are available from any current District Officer, any District Nomination Committee Member or at the Spring Meeting. Or, just give us a phone call or an email at our contact numbers listed on page 15. We look forward to visiting with you!

*Eula Moulden*  
Chairperson, Committee on Nominations

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## Be Part of the Healing

Psalm 46:1-3 "God is our refuge and strength, a very present help in trouble. Therefore, we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though the waters roar and foam, though the mountains tremble at its swelling." Were these words a comfort to the Haitian people after the January 12, 2010 earthquake? I'm sure they were, as I have read how they leaned on God after it hit.

Haiti has struggled in many ways for a very long time. The people have always struggled to meet their basic daily needs. When the earthquake devastated much of their land their struggles magnified.

At the 2010 Kansas East Annual Conference the delegates voted to enter into a covenant partnership with the Haiti District of the Methodist Church of the Caribbean and the Americas. The covenant stated that both parties be mutually committed to work together, supporting each other with prayer, learning about each other, encouraging, communicating and working together in Volunteer in Mission activities.

How can the United Methodist Women of the Kansas East Conference participate in this covenant too? Right after the earthquake, I'm sure most of us began with prayers, lifting up the people of that poor and then broken nation. There were also opportunities to send Health Kits, Birthing Kit and checks to UMCOR to help with immediate emergency assistance.

Now, we can participate in the Covenant by becoming educated about Haiti and its people. The Haitian Study at the Cooperative School of Christian Mission last July at Baker University was very informative. This course will be offered again at this Year's School of Christian Mission in July or you can purchase the study book "**Haiti**, Challenges and Hope" through Mission Resources. There have been articles in the Response and New World Outlook Magazines about Haiti's healing. Also, there is a meeting entitled "Connecting with the Haiti Covenant on February 25, 2015 at Grace UM Church in Olathe.

The speaker at our March 10<sup>th</sup> Topeka District UMW meeting in Horton, will be Sheryl Crooks. Sheryl has been on several Haitian Mission trips and facilitated one of the Haiti studies at the School of Mission last July. In fact, she led the study group I attended. There I first learned she was putting together a Mission Trip to Haiti in 2012. I was very interested and prayed about it after I came home from the school. I felt led to contact Sheryl and I am going with the group in March. I am excited about it and know it will be unlike anything I have ever done. I will have memories to treasure the rest of my life.

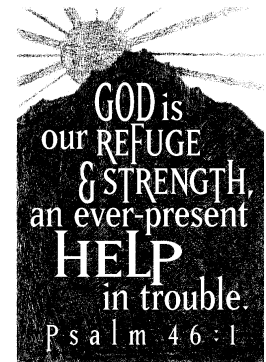
Sometimes I worry I may not be able to handle, physically or mentally, what I might have to deal with while I'm there. I have a prayer book I use daily and on January 10<sup>th</sup> the last part of the prayer soothed my worries. *Lord, keep me mindful of the motto of abundant living. "Without you we can't; without us you won't." Lord, think Your thoughts through me, speak Your truth through my words, radiate Your love through my actions. When this day is finished the only thing that will really matter is hearing You say, "Well done good and faithful servant."*

May the Haitian people continue to hear, Psalm 46:10-11 "Be still and know I am God, I will be exalted among the nations, I will be exalted in the earth."

Jo Cross

Spiritual Growth Coordinator

cross@wildflower.net



## Retreat into Mission Today



Your unit holds a Spiritual Growth Retreat where you rest, reflect, and reconnect with God and with other United Methodist women. Doesn't that sound heavenly? But, of all the UMW units sending in Mission Today forms only three units, Berryton, Countryside, and Crestview held Spiritual Growth retreats this year. I thought maybe some of you would like to but, it sounds overwhelming and you don't know where to start. So, I asked Julia Marsh from Crestview, Rhonda Boyd from Berryton and Kathy Shaw from Countryside to share with us how they did it. They were so creative and they were all different.

The topic of the retreat at Crestview was Human Trafficking. Julia planned it and led it. She collected information online, from Response magazine articles (another good resource is New World Outlook), newspaper articles in the Topeka Capitol Journal and 2010 United Methodist Women's Program Book pages 34-37 for the basic programs and prayers. She showed the UMW DVD "Lives For Sale" which she obtained from Pat Schmidt, Topeka District Social Action Coordinator. And this is the neatest thing, at the end of the retreat, they made yellow handprints with the Human Trafficking Hot Line # on them and put hands and posters in rest-rooms and windows of establishments to inform about Human Trafficking.

Rhonda, Berryton, said, "We were very relaxed about it...we invited one of our church members to speak about his time when a POW in North Korea during the Korean War. He also shared with us his personal ministry to a fellow prisoner and his spiritual journey prior to and after the POW experience. His story was very powerful both for what he experienced and that he was one of our own." He used a power point for photos and a microphone so everyone could hear. He stood in the center of the room. They had invited their families and had a potluck dinner. She said, "We just planned it as we do all other circle events-in the executive session of our UMW".

Kathy at Countryside reported that they had a wonderful two-part Spiritual Retreat on Peace through Forgiveness and Reconciliation led by the Rev. Sandy Vogel. The retreat was based on the Spiritual Growth Study, "Reconciliation: The Real Life Journey of Rebecca's Son Jacob" from the 2011 UMW Program Book, "Finding Peace", and the 2011 Spiritual Growth Study book "The Journey, Forgiveness, Restorative Justice, and Reconciliation". The retreat was patterned after the excellent Spiritual Growth Study at the School of Christian Missions. Activities in addition to the program included intercessory and centering prayer, a labyrinth, and participation in forgiveness, meditation and personal reflection.

I hope this helps you plan your own retreat. Don't forget, Jo Cross, Topeka District Spiritual Growth Coordinator, has a lot of material and would be a good first step in your planning.

*Janice Schaeffer*  
Mission Education & Interpretation

### **Fwi pa tonbe lwen pyebwa.**

(Fruit does not fall far from the tree.)

Children inherit their parents' qualities or flaws; they are never free from their parents' influences.

## The Power of Women



NEVER UNDERESTIMATE THE POWER OF A WOMAN OR WOMEN WORKING TOGETHER!!!! However, you probably know this, and I did not need to remind you. I have heard many, many times “If you want something done, get a woman to do it”.

I was so excited when I learned the winners of the 2011 Nobel Peace Prize were women. They were honored in this way for their nonviolent struggles for women’s rights and for the bravery they exhibited with their outstanding efforts to make this world a better place.

Ellen Johnson Sirleaf was the first woman in the history of Africa to be elected head of state, and the one responsible for ushering peace into the country after a brutal fourteen year war. She is also the author of the 2011 Reading Program book, *“This Child Will be Great: Memoir of a Remarkable Life by Africa’s First Woman President.”*

Leyman Gbowee, the founder of the Ghana-based Women, Peace and Security Network Africa, known for organizing a “sex strike” in Liberia in 2002, in which women withheld sex from their spouses until the end of hostilities.

Tawakkol Karman, a 32 year old Yemeni journalist lived in a tent in a protest camp in Sana, Yemen and founded the advocacy group, Women Journalist Without Chains. She is also known in her country as the “Mother of Revolution”.

Think of all the UMW women in our nation and all over the world and the great things we are doing. We are making a difference!! ONE WOMAN CAN CHANGE ANYTHING. MANY WOMEN CAN CHANGE EVERYTHING.

The social action priorities for this year have not been determined, yet, but our KEC SAC is leaning toward human trafficking, domestic violence, and poverty, with poverty encompassing a lot of issues. I will be sending a letter to all of you local SAC’s in a few weeks with more information on the priorities.

The Supreme Court will be hearing arguments during three days the last of March to decide the constitutionality of President Obama’s healthcare law. The decision is to be made sometime in June. We will want to keep “tuned in” to this. FYI: As of December 9, statistics revealed 8.7% of children in Kansas are uninsured.

Sunday, February 26, has been designated as Freedom Sunday. Thousands of faith communities from more than sixty countries will join together, declaring that NOONE should be for sale. This website, <http://www.freedomsunday.org> will give you much information concerning this day.

I sincerely hope your year is off to a good start both within your unit and with you personally. If you have any questions, you can reach me at [pittypat08@yahoo.com](mailto:pittypat08@yahoo.com), P.O. Box 32 Berryton, Kansas, 66409 or 785-379-9331.

*Pat Schmidt*  
Topeka District Social Action Coordinator

**Si travay te bon moun rich la pran-l lontan!**

If work were a good thing, the rich would have grabbed it long ago!

## YOU DID IT!!! YOU DID IT!!! YOU ARE ALL AWESOME!!!



I am so proud to be associated with United Methodist Women in our District. Because of the faithfulness of all of you and your local units, the **Topeka District**

**UMW made their pledge to Kansas East Conference** for the first time in several years.

At 2011 year end, we were nearly \$2000 short of our pledge. But when the district officers made your local units aware of this, many of you came through very quickly to contribute just a little bit more. Some of you had already gone beyond your original pledges and **STILL** gave more.

**Thank you all so much!** This is exactly the kind of generosity that makes it possible for United Methodist Women as an organization to support so many worthy missions worldwide. This is serving Christ. This is Faith, Hope and Love in Action. This is just as it says in Matthew 25:40 "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."

I can't wait to see what you can do this year. I have high expectations for all of us for 2012 and I'm looking forward to working with you all.

On another subject ... yet related ... I hope many of you are planning to attend the Topeka District Spring Event. Let's break the attendance record. This is an amazing opportunity for us to connect with each other and learn about our connection to mission throughout the world. Unfortunately, I will not be able to attend, although I'll be absent for a very good reason. I'M GOING TO BE A GRANDMOTHER, the baby is due March 8 and I'll be in Portland, Oregon, to be part of the action. Therefore, take note:

**Please read your Spring District Event registration forms carefully.** They are **NOT** to be returned to me. They will be going to **Lorene Cranwell** who has stepped up to take my place in being in charge of registration. (Thank you, Lorene.)

I'm wishing all of you an amazing 2012 and, if I don't see you sooner, I'll see you all at the Topeka District Fall Event.

*Laura Kerley*  
Topeka District Treasurer  
Kerley4\_lsk@yahoo.com

## Donations for Haiti

There is a possibility that Sheryl's VIM Team will be going to a remote location where they will need to travel by boat or small plane. If that is the case then weight will be an issue and then **cash** would be the best to donate.



However, if you would like to purchase items the following are suggestions:

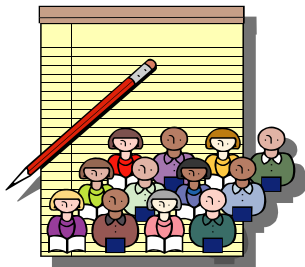
Over-the-Counter Medications and Supplies such as \*Acetaminophen/Ibuprofen/Aspirin for children and adults; \*Cough and Cold Relief for children and adult; \*Imodium; \*Triple Antibiotic Ointment; \*Antacid tablets; \*Eye drops; \*Allergy relief; \*Gauze (various sizes of rolls and pads), tape, Band-Aids

Vitamins: \*Multivitamins for children and adults; \*Prenatal Vitamins; \* Vitamin B; \*Vitamin C

Miscellaneous: \*Non-prescription reading glasses; \*Notebooks and pens; \*Health and School Kits; \*New sandals and flip-flops; \*Small toys; \*Flashlights—wind-up kind **NOT** battery.

\*\*\*Just a reminder...if you donate a school kit, make sure the crayons are Crayola brand. Other brands melt.

## Today is a NEW DAY



2012 has arrived and the days are just flying by. My New Year’s Resolution is to be a better Membership, Nurture and Outreach Coordinator this year. Due to an automobile accident in August, all of my responsibilities were dropped on my District team and I sincerely thank them for helping me. This is a new year and time for a new beginning and I am here to help you in any way I can and find answers to any questions you may have.

January, each year, is a time to take count of our local units membership changes. Each year we gain some new members and we loose some members who have moved away or passed away. This count is sent to me at the District level and it is passed on to the Conference MN & O Coordinator and then up the line to Women’s Division. Even though we have had some issues with the report form, the information is rapidly coming in. I want to thank everyone for their cooperation.

January is also a time for planning in your local units for the new year. It is a good time for officers or even the entire unit to discuss ways in which you can better reach out to the women in your church and community. Don’t forget, you don’t have to be a member of the church to belong to UMW. There’s a lot of women out there who would love to join and be a part of our mission work. Don’t stop at one invitation. It usually takes several invitations before people respond.

To quote our Conference MN & O Coordinator, Mid Lawrence, “Our MN & O Coordinators are the cheerleaders not the whole team. It takes all of us to make UMW unit’s a welcoming place for new members and for each other. United Methodist Women are a blessing to both women, children and youth in our nation and around the world--and they are a blessing to one another.”

March 10<sup>th</sup> is our Spring District Event at Horton UMC. The program is on Haiti. Invite a new person to attend with you and show them that through UMW they too can help make a difference not only in our local communities but also in the world.

Check out my new contact information on page 15.

*Kathy Griffith*  
Membership, Nurture and Outreach

**Dèyè mòn gen mòn**

(Behind a mountain there is another mountain.) What you see is not always all there is; behind each challenge there could be another one.

**L’Union fait la force**

(Unity makes strength.)

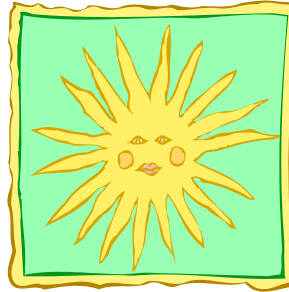
**Yon sèl nou fèb, ansanm mou fo**

(Alone we are weak, but together we are strong.)

## Bright Lights

One of the goals set by the **Hiawatha First UMW** in 1991 was to support the Campaign for Children. The idea of a Latchkey Program was taken to the Church Council. After a year of planning and getting approved by the State of Kansas their program started on February 3, 1992 with 12 children enrolled. At the present they have 28 enrolled with an average daily attendance of 17 children. The Community Latchkey Program is licensed by the State of Kansas and they have a Licensed Director. This program is successful due to the support of the Hiawatha First UMC, Community Service Organizations, the Churches of Brown County and the Citizens of Brown County and the Parents.

Members from **Topeka First UMW** volunteer at local schools. They also send a backpack of food home with some children who will need it over the week-end.



The **Seneca UMW** mails postcards to legislators telling them they are praying for them. They give no opinions on these cards. They also put postcards in the church bulletin for the congregation to send to the legislators if they wish to.

**Topeka University UMW** visited Brown vs Board of Education, toured the building, and held their monthly meeting there. At another meeting, Jacqueline Bugg spoke on Martin Luther King, Jr's. "History of Living the Dream". Jacqueline Bugg and her husband, Robert started the celebration here in Topeka.

Please take a moment to write an article about your "Bright Lights" and send it to me so that we can shine a bright light on your unit.

*Lorene Cranwell*

## Plan Ahead....

### Cooperative School of Christian Mission July 12-14, 2012 Baker University

The studies will be:  
Living Sacramentally and Walking Justly  
Poverty  
Haïti

Look for study materials after the first of the year or check with your Unit or District Program Resource Coordinator. Also, these can be ordered through the Mission Resource Center, [www.missionresourcecenter.org](http://www.missionresourcecenter.org)

OR

You could also receive two of the study books by subscribing to the UMW Sampler Subscription. These are mailed to you as they become available. For \$35.00/year you will receive Spiritual Growth Study, Mission Study, Program Book, Prayer Calendar, Date Book and updated Women's Division literature and resources as available.

## Advertise Your Events.....

Any United Methodist Women Unit having a fund raiser or an event from March through September should write up a small article telling the Who, What, Where and When and send to me by the registration deadline of March 1st. These articles will be combined into a handout which will be available for pick up at the Spring Event on March 10 at Horton UMC. This way each of us can support one another by attending each others fund raisers.

Let's continue to help each other advertise our events and fundraisers.

I will be looking for your articles no later than March 1st.

*Lorene Cranwell  
3342 SE 37th St., Topeka, Ks 66605  
lcranwell@att.net*

**Remember...the Registration forms for the Spring Event are to be sent to Lorene Cranwell by March 1st.**

## Don't Get Dis-Connected

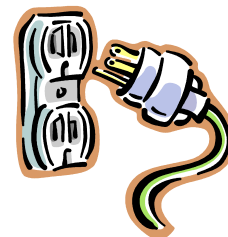
Visit the Kansas East Conference UMW Website often for vital Kansas East Conference UMW News, Publications, Registration Forms and much more.

**KECUMW.org**

Check out the **Topeka District Page** while you are there!

And for Women's Division News and Resources visit:

**www.umwmission.org**



### **Depi tanbou frappe fòk Ayisyen danse.**

(Whenever the drum beats, Haitians have to dance.)

The drum is connected to the Haitians' souls. Therefore, whenever it beats they have to react to it either obviously or subtly.

## We're On Facebook!



Have you caught the Facebook fever? If you have, you understand how fun and easy it is to use Facebook. If you haven't you should check it out, it's free and very user friendly. All you need is a computer and internet access and you can sign up for your own Facebook page, just follow the directions and you are on your way to an exciting new communications experience!

"Topeka District United Methodist Women" has its own Facebook page, search for us and if you like what you see, click the "LIKE" button at the top of the page, and soon you will start to receive our page updates and information. It is a great place to find links to all kinds of great United Methodist Women and mission and ministry partner sites.

Try it — You'll "LIKE" it!

## CFL, LED, Halogen, Hybrids...which one is best?

The following information has been taken from Consumer's Report (Feb.2012 issue) and from the Green Living Ideas website.



As of January 1, 2012 incandescent light bulbs will be phased out as per the government's new regulation. First to go is the 100 watt; in 2013 the 75 watt will be phased out; and in 2014 say good-bye to the 60 watt and 40 watt bulbs. You will see a new labeling system on the package, too. You should familiarize yourself with the word lumen. Lumens measure brightness. We're all use to picking our bulbs by the watt. This measures energy used. Choose your lumens, then your watts.

Besides CFLs (compact fluorescent) you may see LEDs (light emitting diodes). Comparing the GE Lighting Energy Smart in both CFL and LED, the difference was amazing. A 9 watt LED bulb measured 470 lumens/25,000 hrs. The 10 watt CFL measured 520 lumens/8000 hrs. And compared to a 40 watt incandescent bulb the lumens measured 490/1000 hrs. There is a big difference there. Looks like you should choose the LED, but you will pay for it in price, anywhere from \$15-\$25 for a 60 watt equivalent bulb.

Halogens do have advantages to CFL bulbs. They're brighter, brighten faster, and are dimmable. But there is also a down-side to these bulbs. They use significantly more than CFLs and they don't last nearly as long. The short life span is one reason halogens don't meet the Energy Star standards. So why not have the best of both bulbs...try a hybrid. This is a CFL and Halogen in one bulb. The halogen brightens instantly, unlike the CFL. The halogen part of the bulb is inside the swirl of the CFL. The halogen part of the bulbs turns off when the CFL part fully brightens. Read the package for your needs and budget.

*Judy Thoman*  
Topeka District  
Green Team Member

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## Directions to Horton UMC

Coming from US 75 turn East onto KS 20. It is approximately 10 miles to Horton. Then turn right on Central and go to 10 street. Turn left on 10th and go 1 block east on 10th Street. The church is on the corner of 10th and 1st Ave. E.

For directions coming from other directions, please check out MapQuest or use your GPS.

There is angle parking on both sides of 10th street in front of the church. There is also a small parking lot to the west of the church.

The church's phone number is 785-486-2349. Don't hesitate to call if you are having trouble finding the church.

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## “Environmental Justice.” for Haiti



**Give Now to the  
Haiti Emergency**

**100 PERCENT** of each gift to Advance #418325 helps the people of Haiti with immediate assistance and long-term recovery.

*Definition:* Environmental justice concerns the equitable treatment and involvement of all people, especially minority and low-income populations, with respect to long-term development.

One example of environmental justice in action, as United Methodist's work for and with Haiti, **Two to One Hiring Ratio**. For every United Methodist volunteer, two Haitian workers are hired. The effort has provided jobs for hundreds of Haitians. The goal is to train a Haitian to ultimately take on the role of volunteer coordinator for the teams coming to Haiti.

Read more at "Volunteers Build Relationships in Haiti." at [rethinkchurch.org](http://rethinkchurch.org)

### Local Secretaries,



This is just a reminder to please send any changes or additions of officers, addresses, phone numbers and/or email addresses to me throughout the year. By receiving these changes I will be able to keep the *Covenant Connection* mailing list current.

Email me at [lcranwell@att.net](mailto:lcranwell@att.net).

Many thanks,  
Lorene

#### Apre lapli gen bon tan.

(After the rain there is sunshine)

A bad or difficult time is like the weather, it will not last forever. One should not be discouraged when one is going through a difficult time, because better days will come.

#### You jou pou chasè yon jou pou jibye.

(One day for hunters one day for prey.)

The victim will not always be a victim. One of these days, the tables will turn and the victim will be victorious over the oppressor.

#### Se sou chen mèg sèlman yo wè pis.

(It's only on skinny dogs they see fleas.) People always see the poor's flaws, but overlook those of the rich.

#### Senan maleè on konnen ki moun ki zanmi w.

(It is in adversity you know who is your friend.) When you are in difficulty, only your true friends stand by you. Consequently, it is only in adversity you can really know who is a friend of yours.



## 2012 Topeka District Officers

*We are thankful for those who serve!*

<p><b>PRESIDENT</b> Cindy Nelson 4329 NE Seward Ave Topeka, KS 66616 785-806-5074 cinnelson@sbcglobal.net</p>	<p><b>VICE-PRESIDENT</b> Kathy Smith 2924 SW Romar Rd Topeka, KS 66614 785-478-9163 Kathleen.smithwsu@sbcglobal.net</p>	<p><b>SECRETARY</b> Jan Rogers 2923 SE Michigan Topeka, KS 66605 785-266-6555 Work 785-267-3833 Home soccermumma@yahoo.com</p>	<p><b>TREASURER</b> Laura Kerley 7703 SW Bingham St Topeka, KS 66614 785-478-9253 785-633-4979 Kerley4_1sk@yahoo.com</p>
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<p><b>SPIRITUAL GROWTH</b> Jo Cross 704 Hamilton Oskaloosa, KS 66066 785-863-2320 cross@wildflower.net</p>	<p><b>SOCIAL ACTION</b> Pat Schmidt P O Box 32 Berryton, KS 66409 785-379-9331 pittypat08@yahoo.com</p>	<p><b>EDUCATION &amp; INTERPRETATION</b> Janice Schaeffer 118 Sunrise Ozawkie, KS 66070 785-250-8199 dandj69lizzie@yahoo.com</p>	<p><b>MEMBERSHIP, NURTURE &amp; OUTREACH</b> Kathy Griffith 3517 SW Wesparke Lane Topeka, KS 66614 785-806-5290 Kathryn-Griffith@sbcglobal.net</p>
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### MISSION COORDINATORS

<p><b>SECRETARY OF PROGRAM RESOURCES</b> Darlene Sutton 8426 SE Croco Rd Berryton, KS 66409 785-862-9056 santaken@aol.com</p>	<p><b>COMMUNICATIONS COORDINATOR</b> Lorene Cranwell 3342 SE 37th St Topeka, KS 66605 785-266-6915 lcranwell@att.net</p>	<p><b>CHAIR OF COMMITTEE ON NOMINATIONS (Class of 2012)</b> Eula Moulden 5548 SW 77th St Wakarusa, KS 66546 785-862-0899 billandeula@juno.com</p>
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### COMMITTEE ON NOMINATIONS

<p><b>CLASS OF 2013</b> Johné Green 4200 SW 28th St Topeka, KS 66614 785-273-5593 johnekgreen@aol.com</p>	<p><b>CLASS OF 2014</b> Freda DeWitt 6456 SW Castle Lane Topeka, KS 66614 785-271-8858 dkfldewitt@aol.com</p>	<p><b>CLASS OF 2015</b> Bonnie Coverdale P O Box 63 Holton, KS 66436 785-364-3309 bcoverdale@holtonks.net</p>	<p><b>CLASS OF 2015</b> Daisy Parker 2920 SE 85th St Berryton, KS 66409 785-862-3256 Dparker@kshousingcorp.org</p>
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<p><b>CONFERENCE APPOINTED GREEN TEAM REPRESENTATIVE</b> Judy Thoman 15272 P Road, Mayetta, KS 66509 785-966-2408 Judy_thoman@hotmail.com</p>
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# Covenant Connection



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Women

FAITH • HOPE • LOVE IN ACTION

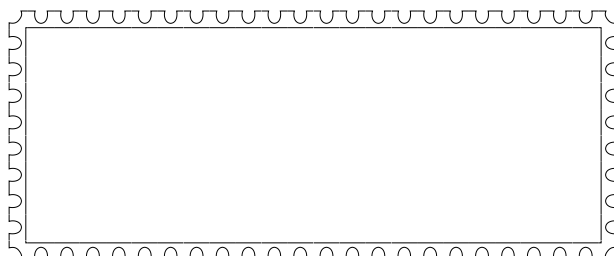
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(Many hands make weight light)



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## 2012 KEC / TOPEKA DISTRICT UMW CALENDAR

<b>FEBRUARY</b>	14	Legislative Event For Advocacy In Faith, Topeka 1 <sup>st</sup> UMC
	28	Topeka District UMW Mission Team Mtg, Holton Evangel UMC
<b>MARCH</b>	10	Topeka District UMW SPRING EVENT, Horton, KS
<b>JUNE</b>	12	Topeka District UMW Mission Team Mtg, St Peters UMC
	22-24	<b>South Central Jurisdiction Quadrennial Mtg UMW</b> , Abilene, TX
<b>JULY</b>	12-14	COOPERATIVE SCHOOL OF CHRISTIAN MISSION, Baker Univ., Baldwin, KS
<b>SEPTEMBER</b>	8	KEC UMW ANNUAL CELEBRATION/District Leader Training Chanute Otterbein UMC, Chanute, KS
	11	Topeka District UMW Mission Team Mtg, Holton First UMC
	22	Topeka District UMW FALL EVENT, Lowman UMC, Topeka
<b>OCTOBER</b>	TBA	KEC Spiritual Growth /Social Action Retreat (TBA in KC District)
	23	Topeka District UMW Mission Team Mtg